

Ballet 101 Community & Cultural Engagement



*"What an amazing opportunity to allow students in a small rural community to view dancers of this caliber! We were treated to excerpts from *The Nutcracker*, *The Velveteen Rabbit*, *Anastasia*, and *Swan Lake*. Many of our students have never and may not ever get a chance to see professional ballet dancers or these shows.*

*Thank you for your help in bringing this program to schools.
The experience and memories will last these children a lifetime!"*

– NL Educator

Ballet 101 is a free, interactive education program adaptable in any space and environment. It is designed for you — the public — so we can ensure it is curated for each group. Ballet 101s are designed for all ages (*children, youth, families*) and introduces the audience to dance through a combination of performance and participation. The program provides opportunities to see high-quality professional dance presentations while learning about ballet as a storytelling medium. The interactive component teaches basic dance positions, allows participants to discover their own ability to convey emotions through movement and has them create with our dancers.

Supported by the Ontario Trillium Foundation and meant to promote cultural engagement and inclusion using libraries and elementary schools as vital community hubs, Ballet 101s serve as an introduction to the performing arts while also educating the public about the history of dance and our shared Canadian heritage. With a focus on underserved, underrepresented and remote communities across Canada, the program currently reaches many people who may otherwise lack access to cultural experiences, and for many this is the first live professional performing arts event they will have ever attended.

To book a Ballet 101 in your community visit: canadasballetjorgen.ca/ballet-101 or contact Andrea Page, Program Manager at andrea@balletjorgen.ca or 416-415-5000 ext. 2886