

## Sample Week - Virtual Sum IV 2020

Time	Monday and Wednesday			Tuesday and Thursday			Friday		
10:45	Log in open			Log in open			Log in open		
11:00	11:00 - 11:20			11:00 - 11:20			11:00 - 11:20		
11:15	Warm-up conditioning/ CI/BJ			Warm-up conditioning/ CI/BJ			Warm-up conditioning/ CI/BJ		
11:30	11:30 - 12:30	11:30 - 12:30		11:30 - 12:30	11:30 - 12:30		11:30 - 12:30	11:30 - 12:30	
11:45	Ballet class	Ballet class		Ballet class	Ballet class		Ballet class	Ballet class	
12:00	up to 10 dancers	up to 10 dancers		up to 10 dancers	up to 10 dancers		up to 10 dancers	up to 10 dancers	
12:15									
12:30	Break			Break			Break		
12:45	12:45-1:15 Coaching (5/grp)	LUNCH		12:45-1:15 Coaching (5/grp)	LUNCH		12:45 - 1:15	12:45 - 1:15	12:45 - 1:15
1:00							Pointe	Men's	Pointe
1:15		1:20 - 1:50 Coaching (5/grp)			1:20 - 1:50 Coaching (5/grp)			1:15-1:30 Privates	
1:30	LUNCH			LUNCH			LUNCH		
1:45		Break			Break				
2:00	2:00 - 2:30	2:00 - 2:30	2:00 - 2:30	2:00 - 2:30 Repertoire Review				2:00 - 2:15 Privates	
2:15	Pointe	Men's	Pointe						
2:30	Break			2:35 - 3:15			2:45 - 3:30 Repertoire	2:45 - 3:30 Repertoire	
2:45	2:45 - 3:30 Repertoire	2:45 - 3:30 Repertoire		Contemporary			Becoming "Anne" cast member	Becoming "Anne" cast member	
3:00	Becoming "Anne" cast member	Becoming "Anne" cast member					and other rep over 5 weeks	and other rep over 5 weeks	
3:15	and other rep over 5 weeks	and other rep over 5 weeks		3:20 - 4:00	3:20 - 4:00		Break		
3:30	Break			Composition	Dance Discussion		3:00 - 3:45		
3:45	3:40 - 4:40						Repertoire & Composition Showing & Sharing		
4:00	Yoga (Mon)	Pilates (Wed)		4:05 - 4:45	4:05 - 4:45		4:00 - 5:00		
4:15				Dance Discussion	Composition		Yoga		
4:30									
4:45	4:45 - 5:15	4:45 - 5:15	4:45 - 5:15	4:45 - 5:15	4:45 - 5:15	4:45 - 5:15			
5:00	Privates	Privates	Privates	Privates	Privates	Privates			

